



DPCR News!

Fall 2008

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Celebrating 50 Years!

On October 22, 2008 DPCR celebrated its 50th Anniversary, in fine style, at the Hampton Inn Ottawa. Focusing on the theme of **inclusion, integration and independence**, the dinner and silent auction attracted DPCR volunteers, members, clients, staff as well as local community and business leaders.

The celebration began with a silent auction and magnificent photo exhibit. Dinner was served at 7:00 p.m. followed by the program which included a video montage telling DPCR's story...a trip down memory lane from our humble beginnings as the Rehabilitation Institute of Ottawa in 1958 through to DPCR as it is known today.



Michael O'Byrne
and guest **Steve Gorman**

Michael O'Byrne, Anchor/Producer, CTV News @ Noon, was the superb Master of Ceremonies and speakers included **Teena Tomlinson**, Executive Director, DPCR, **Jo-Anne Poirier**, Board Member, Champlain Local Health Integrated Network and CEO, Ottawa Community Housing Corporation, **Dennis Jackson**, District Vice-President, Scotiabank and Chair, United Way/Centraide Board of Directors and **Wendy Duross**, President, DPCR.

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We wish you a safe
and happy holiday season!



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This newsletter, published by Disabled Persons Community Resources (DPCR) is available in paper and electronic form. Individual issues of the newsletter can be downloaded from our Website and may be reproduced without permission for wider distribution.

Bylined articles reflect opinions of the author(s), not necessarily those of DPCR. We believe the information in this publication is accurate, however DPCR assumes no responsibility or liability for the accuracy of the information. DPCR also does not endorse any product mentioned herein other than those produced by DPCR.

For more information on our programs and services visit our websites at;

www.dpcr.ca

www.disabilityinfo.ca

Contributors:

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Celebrating 50 Years!...continued

This special evening held many surprises. Community activist and former Ottawa Mayor, **Jacqueline Holzman** was honoured with a Community Builder Award in recognition of her countless years of service and counsel to many organizations. Jackie was a founding member and an active volunteer for the Rehabilitation Institute of Ottawa and spearheaded the development of our supportive housing program, the first of its kind in Ottawa. **Nicole Vallée**, was named DPCR's Volunteer of the Year in recognition of her tireless work with our Marketing and Communications Committee. The Silent Auction, a first for DPCR, raised over \$5,800 and on the night of our celebration, Scotiabank generously offered to match the proceeds up to \$5,000. By all accounts our auction was a tremendous success.



Michael O'Bryne presents Jacqueline Holzman with her Community Builder Award

Thanks again to everyone who chose to celebrate with us and helped make this evening a memorable one.

A special thank you to all our Sponsors and Supporters



Maureen Murphy
Photographer



Nicole Vallée
Creative Director

What's new at the Resource Centre?

NEW BOOKS

The Courage To Laugh: Humor, Hope and Healing By Allan Klein

When the Music Stopped I Kept Dancing By A. Riggs

Reinventing Your Life By J. Young & J. Klosko

Feeling Good: The New Mood Therapy By David Burns

Coping With Limb Loss By Ellen Winchell

The Chronic Pain Control Workbook By E. Catalano & K. Hardin

Chronic Pain and the Family: A New Guide By J. Silver

Guillain-Barré Syndrome 5 Years Later By Brian Langton

A First Step: Understanding Guillain-Barré Syndrome By Brian Langton

Guillain-Barré Syndrome: From Diagnosis to Recovery By G. Perry & J. Steinberg

How to Help Children through a Parent's Serious Illness By Kathleen McCue

Caregiving: The Spiritual Journey of Love, Loss and Renewal By Beth Witrogen McLeod

Dying Well By Ira Byock

Final Gifts By M Callanan & P. Kelley

Coffee on Sundays By Barbara Reesor

NEW DVD

The Last Lecture By Randy Pausch

Drop by the centre, **Lauren Newby, Community Support Worker from DPCR**, or one of the volunteers from Volunteer Services will be happy to help you.

**The Resource Centre
505 Smyth Road, Room 1110
Main Lobby of the Rehabilitation Centre
613-737-7350 ext 75689**

Hours

Monday - Thursday

9:00am - 4:30pm

Closed Fridays

Resource Highlights

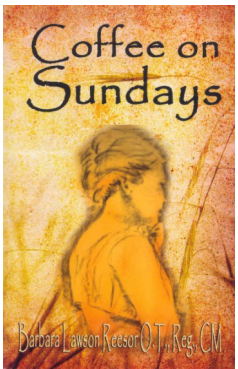


Lisa Bendall is a full-time freelance writer and book author. **"Raising a Kid with Special Needs"** is her second resource guide on life with a disability.

When Lisa isn't working on a book, she's writing for many of Canada's top magazines, newspapers and websites, including Canadian Living, Reader's Digest and The Globe and Mail. She also addresses audiences on topics related to disability.

After working on her newest book, Lisa says she is impressed and awed by the strength of Canadian moms and dads. Whether they're juggling five kids, working three jobs or raising children entirely on their own, these parents continue to show their devotion to their kids and move mountains for their well-being.

Lisa lives with her husband and their daughter in Toronto.



This is the true story of "Rikki", who was confined against her will to an institution for the mentally disabled for her entire adolescent years, only because she was blind and physically disabled. Tragically Rikki was not mentally disabled. This story depicts the author's role in releasing Rikki from the institution.

After studying Occupational Therapy at University of Toronto, author Barbara Reesor, accumulated extensive experience in adult physical medicine at rehabilitation centers and general hospitals in Ontario, Canada. She worked as an Occupational Therapist during the 1970s, and consulted in private practice in the 1980s in association with Ottawa Carleton Occupational Therapy Services. For three years, she served as a consultant on a resource team for a special program for the blind at the Rideau Regional Centre. Barbara was a member of the Board of Directors of Cheshire Homes Foundation, Toronto, for five years. She was also the Founder and President of the Therapeutic and Educational Living Centres for the Blind, which were named TELCI House and REESOR House. TELCI was the first Cheshire home for the blind in North America. In 1984, she was awarded the Order of Canada in recognition of her work.

WHAT TO LOOK FOR IN OUR NEXT ISSUE...

- Spring Workshops
- Annual General Meeting

DID YOU KNOW?

Currently, 25% of volunteers contribute 75% of all volunteer hours.

United Way/Centraide Ottawa
Community Investment Directory 2007

We LOVE to hear from our members and interested readers... the deadline for articles for the next issue of DPCR News! is January 20, 2009.

Contact Tanya at 613-724-5886 ext 223 or via e-mail at tbertrand@dpcr.ca with your submissions.